



Physical Activity Policy

Facilities for Physical Activity

Greenmount Primary has one small field area, two hard surface playgrounds one which slopes and an average sized hall. We have an activity trail and 2 clambering areas. It also has a trail and a jungle gym which are used at breaktimes and for structured activities. Swimming is held weekly at Jon Charles and Armley Sports centre. Outdoor and adventurous activities in Years 5 and 6 are held at a residential centre Lineham farm in Eccup and Robinwood in Cumbria.

Aims of the Physical Activity Policy

- To enable all young people, whatever their circumstances or ability, to take part in and enjoy PE and sport.
- To promote pupils physical activity, healthy lifestyles, safety and well-being.
- To encourage children to be responsible sports fans and enjoy PE as a recreation..

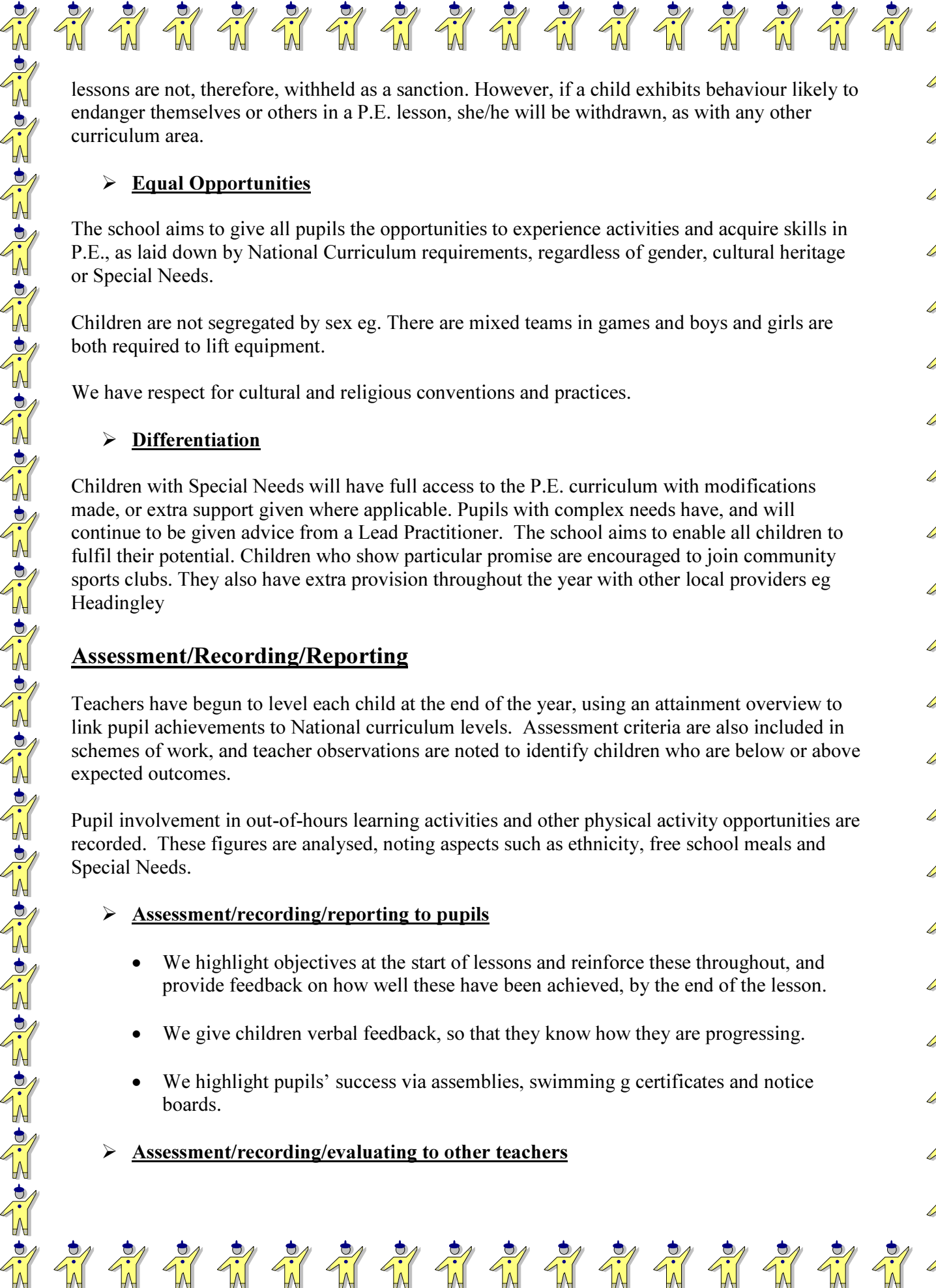
Objectives of physical activity policy

These are the specific actions that will be taken to support and achieve the aims.

- Provide schemes of work for teachers which are fun, action packed and age appropriate.
- To address the shortfall of time allocated to P.E., within years 3 and 4 due to swimming commitments. (105 minutes as opposed to 120 minutes)
- To make facilities and equipment available for pupils to use, during lunchtimes and break times and in after school clubs, and to encourage pupils to be active at these times.
- To monitor pupils' level of involvement and physical prowess inside and outside of school, by completing twice yearly audits.
- To audit staff confidence, using the information to organise a programme of Staff CPD.

Entitlement

All children are entitled to a balanced physical education programme of activities, as laid down by the national Curriculum, including the six elements of Dance, Educational Gymnastics, Games, Additionally at KS2 – Outdoor and Adventurous activities, Athletic activities and Swimming. PE is especially important to Greenmount as their lives are more sedentary than most. School physical education gives many children their only opportunity to develop their physical potential. Physical activity is a pre-requisite of a healthy person, and P.E. is the only curriculum area that offers the opportunity for this type of development. Physical education



lessons are not, therefore, withheld as a sanction. However, if a child exhibits behaviour likely to endanger themselves or others in a P.E. lesson, she/he will be withdrawn, as with any other curriculum area.

➤ **Equal Opportunities**

The school aims to give all pupils the opportunities to experience activities and acquire skills in P.E., as laid down by National Curriculum requirements, regardless of gender, cultural heritage or Special Needs.

Children are not segregated by sex eg. There are mixed teams in games and boys and girls are both required to lift equipment.

We have respect for cultural and religious conventions and practices.

➤ **Differentiation**

Children with Special Needs will have full access to the P.E. curriculum with modifications made, or extra support given where applicable. Pupils with complex needs have, and will continue to be given advice from a Lead Practitioner. The school aims to enable all children to fulfil their potential. Children who show particular promise are encouraged to join community sports clubs. They also have extra provision throughout the year with other local providers eg Headingley

Assessment/Recording/Reporting

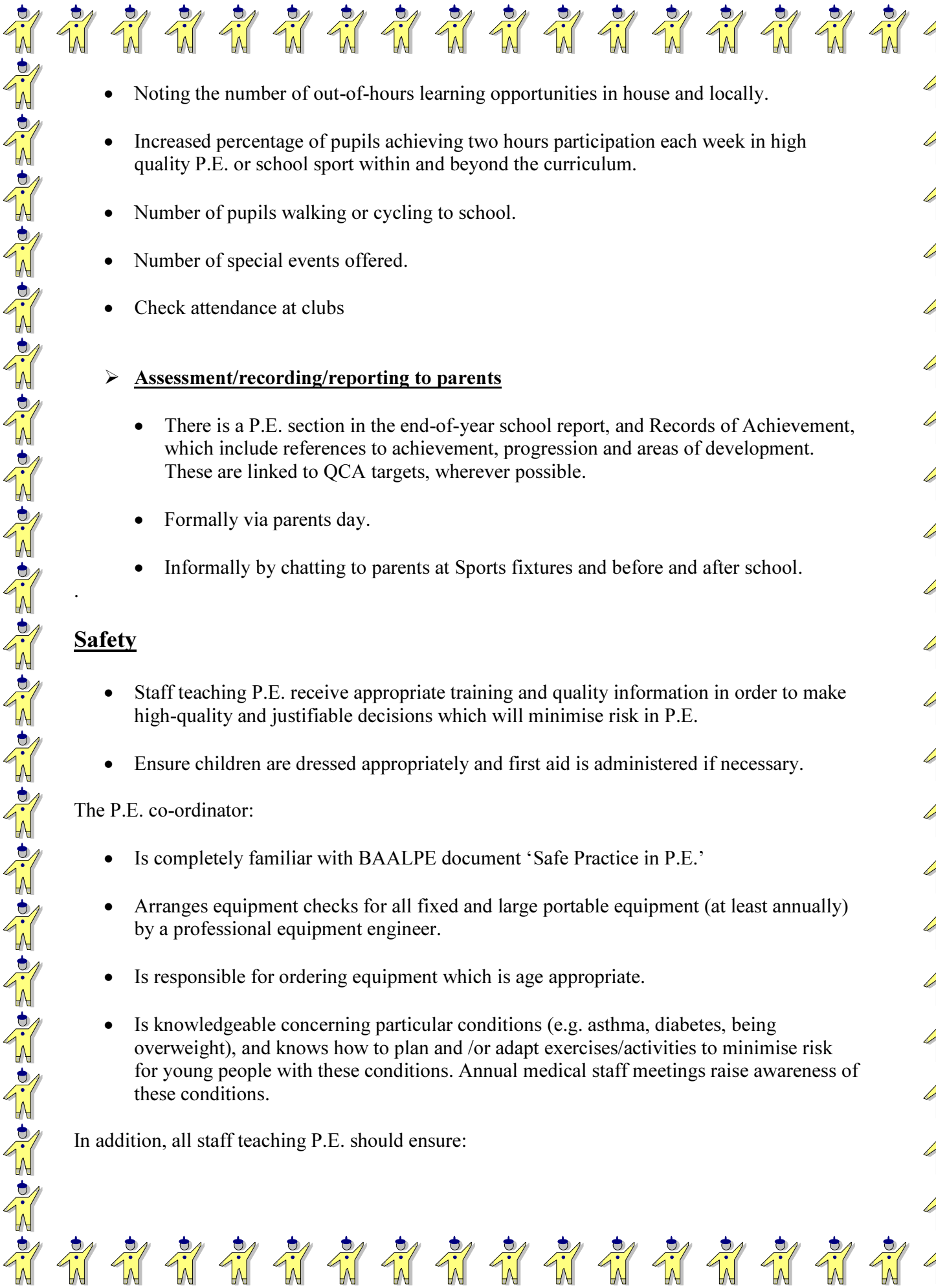
Teachers have begun to level each child at the end of the year, using an attainment overview to link pupil achievements to National curriculum levels. Assessment criteria are also included in schemes of work, and teacher observations are noted to identify children who are below or above expected outcomes.

Pupil involvement in out-of-hours learning activities and other physical activity opportunities are recorded. These figures are analysed, noting aspects such as ethnicity, free school meals and Special Needs.

➤ **Assessment/recording/reporting to pupils**

- We highlight objectives at the start of lessons and reinforce these throughout, and provide feedback on how well these have been achieved, by the end of the lesson.
- We give children verbal feedback, so that they know how they are progressing.
- We highlight pupils' success via assemblies, swimming g certificates and notice boards.

➤ **Assessment/recording/evaluating to other teachers**

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- Noting the number of out-of-hours learning opportunities in house and locally.
 - Increased percentage of pupils achieving two hours participation each week in high quality P.E. or school sport within and beyond the curriculum.
 - Number of pupils walking or cycling to school.
 - Number of special events offered.
 - Check attendance at clubs
- **Assessment/recording/reporting to parents**
- There is a P.E. section in the end-of-year school report, and Records of Achievement, which include references to achievement, progression and areas of development. These are linked to QCA targets, wherever possible.
 - Formally via parents day.
 - Informally by chatting to parents at Sports fixtures and before and after school.

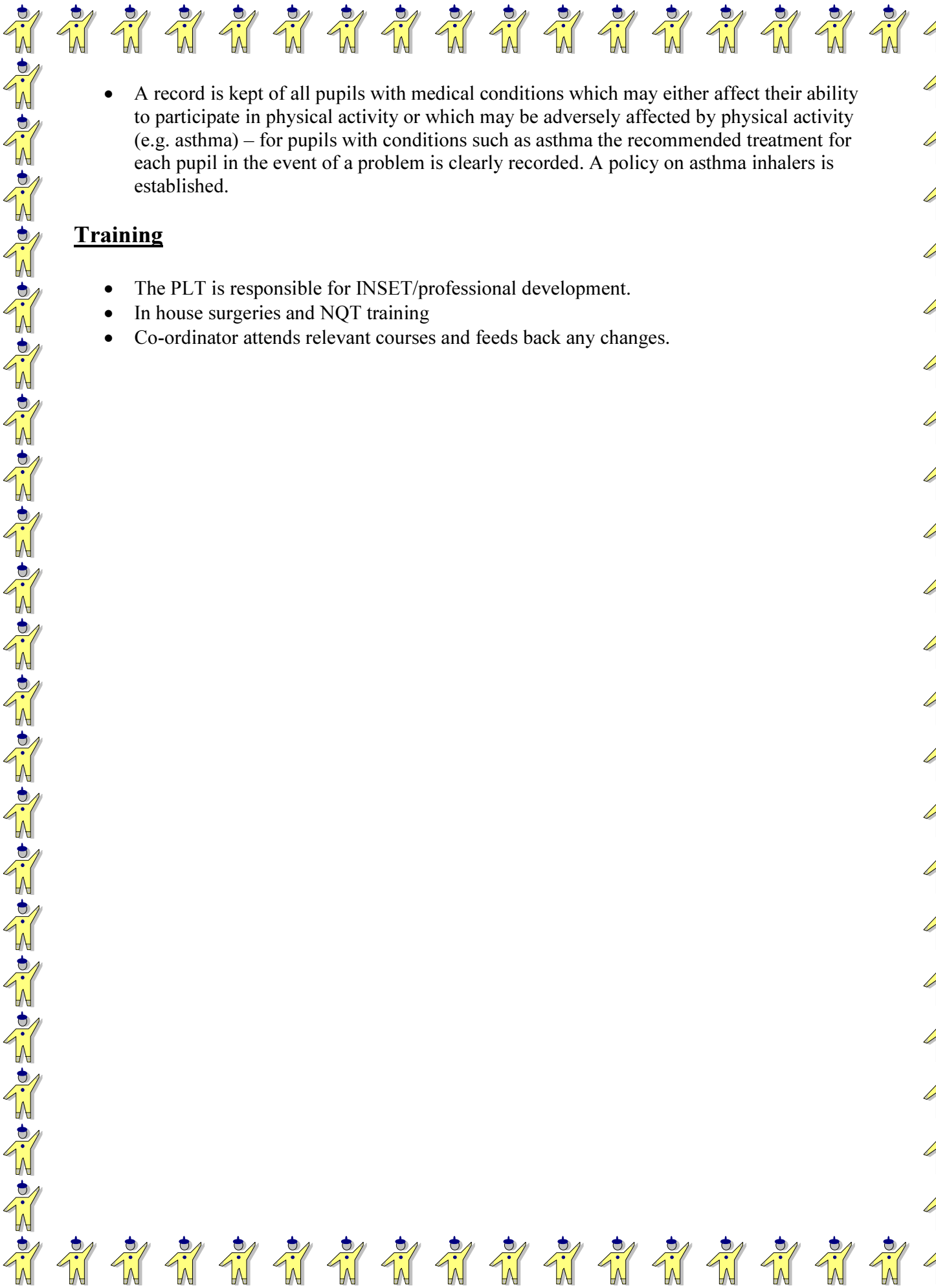
Safety

- Staff teaching P.E. receive appropriate training and quality information in order to make high-quality and justifiable decisions which will minimise risk in P.E.
- Ensure children are dressed appropriately and first aid is administered if necessary.

The P.E. co-ordinator:

- Is completely familiar with BAALPE document ‘Safe Practice in P.E.’
- Arranges equipment checks for all fixed and large portable equipment (at least annually) by a professional equipment engineer.
- Is responsible for ordering equipment which is age appropriate.
- Is knowledgeable concerning particular conditions (e.g. asthma, diabetes, being overweight), and knows how to plan and /or adapt exercises/activities to minimise risk for young people with these conditions. Annual medical staff meetings raise awareness of these conditions.

In addition, all staff teaching P.E. should ensure:

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- A record is kept of all pupils with medical conditions which may either affect their ability to participate in physical activity or which may be adversely affected by physical activity (e.g. asthma) – for pupils with conditions such as asthma the recommended treatment for each pupil in the event of a problem is clearly recorded. A policy on asthma inhalers is established.

Training

- The PLT is responsible for INSET/professional development.
- In house surgeries and NQT training
- Co-ordinator attends relevant courses and feeds back any changes.

Physical Education

At Greenmount Primary School our Physical Education programme provides children with **learning opportunities** through the medium of movement and contributes to their **overall development** by helping them to lead full, active and healthy lives. Our Programme provides a balanced range of activities for children appropriate for all levels of ability. Government funding allows us to enhance provision with new specialist tuition in Basketball and Zumba. We can also offer workshops for pupils in other disciplines, eg skipping. Our PE grant funds coaches from the T.T.S Group.



Sports Provision

Our Program at Greenmount includes all six National Curriculum strands:

- Athletics
- Dance
- Gymnastics
- Games
- Outdoor and adventure activities
- Aquatics

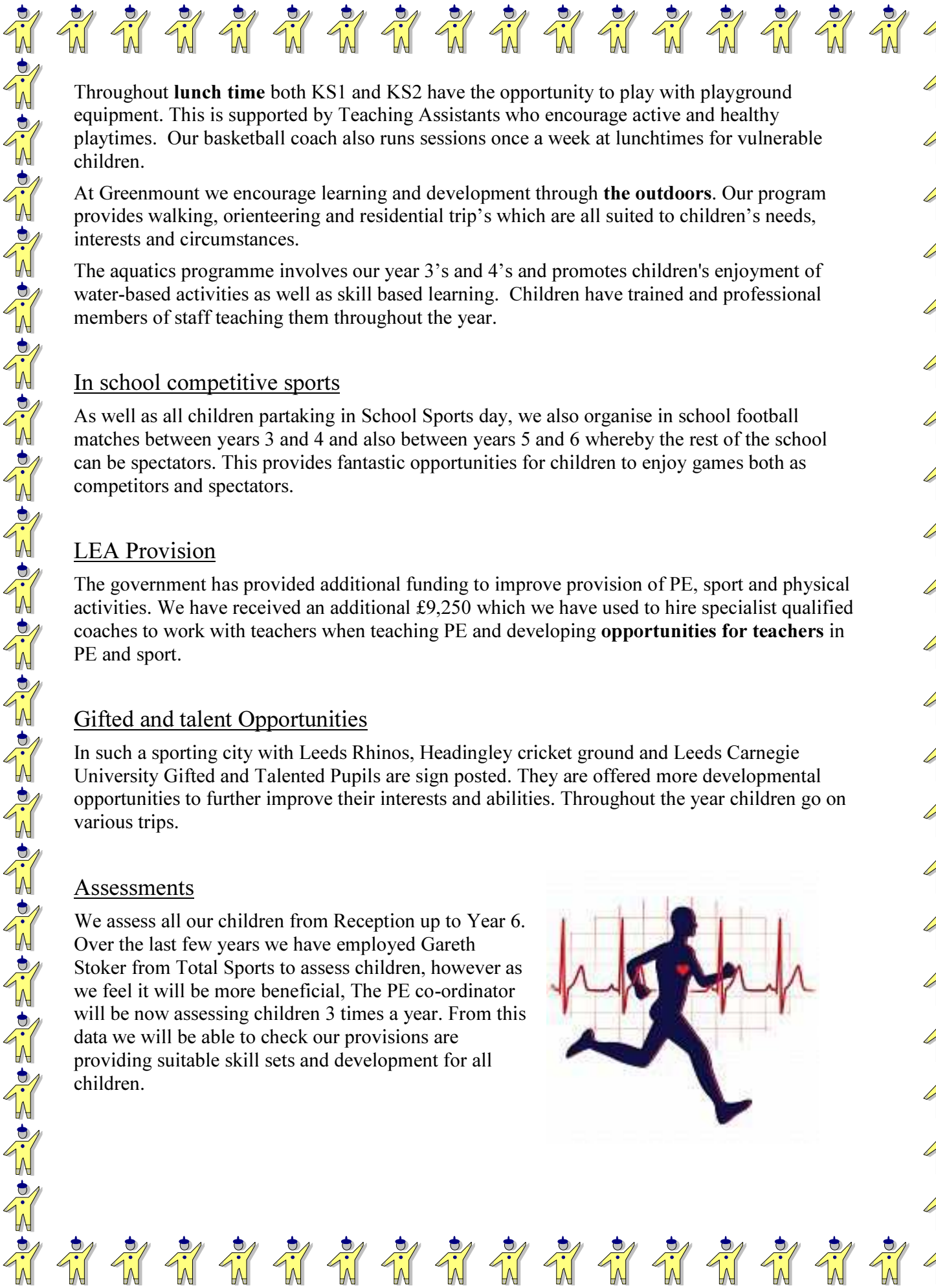
Our **athletics** incorporates a range of activities including running, jumping and throwing. These activities provide children with individual challenges and motivate them to participate in more formalised approaches to athletics in later stages of physical development.



Dance at Greenmount is run by a specialist coach who teaches Zumba. She encourages children to improve body management skills, to understand movement, to work with others and to develop creativity and imagination.

Our **Gymnastics** program which follows the Val Sabin scheme, focuses on body actions such as jumping, turning, swinging and balancing. Throughout the key stages it encourages management of body movements in increasingly challenging situations.

Our approach to **games** allows all children to be involved enabling them to appreciate and enjoy games both as participants and as spectators. As well as Val Sabin scheme we also use Tops cards. We have a basketball coach who coaches all ages 2 days a week and have after school clubs which include Basketball, Multi-skills and Football.



Throughout **lunch time** both KS1 and KS2 have the opportunity to play with playground equipment. This is supported by Teaching Assistants who encourage active and healthy playtimes. Our basketball coach also runs sessions once a week at lunchtimes for vulnerable children.

At Greenmount we encourage learning and development through **the outdoors**. Our program provides walking, orienteering and residential trip's which are all suited to children's needs, interests and circumstances.

The aquatics programme involves our year 3's and 4's and promotes children's enjoyment of water-based activities as well as skill based learning. Children have trained and professional members of staff teaching them throughout the year.

In school competitive sports

As well as all children partaking in School Sports day, we also organise in school football matches between years 3 and 4 and also between years 5 and 6 whereby the rest of the school can be spectators. This provides fantastic opportunities for children to enjoy games both as competitors and spectators.

LEA Provision

The government has provided additional funding to improve provision of PE, sport and physical activities. We have received an additional £9,250 which we have used to hire specialist qualified coaches to work with teachers when teaching PE and developing **opportunities for teachers** in PE and sport.

Gifted and talent Opportunities

In such a sporting city with Leeds Rhinos, Headingley cricket ground and Leeds Carnegie University Gifted and Talented Pupils are sign posted. They are offered more developmental opportunities to further improve their interests and abilities. Throughout the year children go on various trips.

Assessments

We assess all our children from Reception up to Year 6. Over the last few years we have employed Gareth Stoker from Total Sports to assess children, however as we feel it will be more beneficial, The PE co-ordinator will be now assessing children 3 times a year. From this data we will be able to check our provisions are providing suitable skill sets and development for all children.

